



Offline Trial

Week 1

“Great cultures are created when every individual feels valued, heard and like they matter.”

-Anonymous

Instructions:

1. Leader – Print a packet for each group member including yourself (2-10 per team).
2. Each member completes one new eJournal 3x/week and shares it.
3. Only read a member’s eJournal after you’ve answered that set.
4. Initial a member’s eJournal after you’ve read it and then return to owner.



Name:

Date:

eJournal #1

- 1. What was your first thought when you woke up this morning?**

- 2. If you could go anywhere in the world right now where would it be and why?**

- 3. When is the last time you sang to yourself or someone else? What was the song?**

- 4. What is your favorite TV show past or present?**

- 5. Additional thoughts (optional)**

Read by group members (initial):

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.



Name:

Date:

eJournal #2

1. Describe a task or activity you'd like to try but haven't yet.
2. What actions can you take to accomplish that task or activity?
3. Describe a time when a family member upset you.
4. Does that family member know? If so, describe the exchange. If not, why?
5. Additional thoughts (optional)

Read by group members (initial):

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.



Name:

Date:

eJournal #3

1. Describe, in detail, your ideal day.
2. When you think about that day, how does that make you feel?
3. Describe the last dream you can remember or a recurring dream you have had.
4. Which storybook/cartoon character is your favorite? Why?
5. Additional thoughts (optional)

Read by group members (initial):

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.