Offline Trial

Week 1

“Great cultures are created when every individual feels valued, heard and like they matter.”

-Anonymous

Instructions:

1. Leader – Print a packet for each group member including yourself (2-10 per team).
2. Each member completes one new ejournal 3x/week and shares it.
3. Only read a member’s ejournal after you’ve answered that set.
4. Initial a member’s ejournal after you’ve read it and then return to owner.
eJournal #1

1. What was your first thought when you woke up this morning?

2. If you could go anywhere in the world right now where would it be and why?

3. When is the last time you sang to yourself or someone else? What was the song?

4. What is your favorite TV show past or present?

5. Additional thoughts (optional)

Read by group members (initial):

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1. Describe a task or activity you’d like to try but haven’t yet.

2. What actions can you take to accomplish that task or activity?

3. Describe a time when a family member upset you.

4. Does that family member know? If so, describe the exchange. If not, why?

5. Additional thoughts (optional)

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1. Describe, in detail, your ideal day.

2. When you think about that day, how does that make you feel?

3. Describe the last dream you can remember or a recurring dream you have had.

4. Which storybook/cartoon character is your favorite? Why?

5. Additional thoughts (optional)